

What if...

By Bob 'Idea Man' Hooey

What if you could have anything you wanted in life? What if you had all the talent, skills, money and help you needed to accomplish your wildest dreams? What if you could find the solution to the challenge you face? What if you were really in charge of your life? What would you do? Where would you go? Who would you become?

Often, I encounter people mired in the day-to-day "reality" who have forgotten how to dream. People who have had their dreams "down-sized" by the dream killers among us; or eroded by the harsh demands of their environment and their on-going involvements.

Surprisingly, the answers we get in life are directly linked to the questions we ask! Ask the right questions and get different, more creative, more fulfilling answers. Often we accept the "obvious answers" and settle for seconds when we could continue to ask for more and in turn receive more than we'd ever dreamed possible.

In this section, I will lead you through a few questions that I use personally in my search to see my dreams expanded and grounded in my future. This is the place to let your creative visualization skills run amok. Use soft background music to set the atmosphere for your mind to soar, to explore the possibilities these questions may spark.

This is a place where you need to be honest, without judgment; a place to let your imagination soar, and explore the possibilities. Later we will cover how to integrate this section into your present day reality and begin to see your dreams take form, as you build "Foundations for Success" under them.

Relax! Let your mind flow and wrap your imagination around your "future!"

What if:

1. I were really in charge of my life, I'd:
2. I could do anything, without fear of failure. I'd:
3. I had enough money to ensure my basic living needs for a year, I'd:
4. I discovered I had the talent, could learn the skills I need to:_____ I'd:
5. Something I've always wanted to do is:
6. IF I could do anything, without limitations I'd:
7. IF spoke as if (I thought) what was saying was important ... I'd say:
8. I've always wanted to visit:
9. I've always wanted to learn to:

10. I would like to leave a legacy of:
11. IF I could give my family anything, it would be:
12. IF I took full responsibilities for my choices... I'd:
13. IF I took full responsibility for my actions, I'd:
14. IF I were more accepting of: I'd:
15. IF I took full responsibilities for my choice of companions, I'd:
16. IF I could have any career, without limitations:
17. IF I had a dedicated support team to assist me ... I'd:
18. IF God really cared and was willing to help me ... I'd:
19. My greatest life goal is:
20. IF I could accomplish ONE thing before I pass on ... I'd:

By now your mind should be whirling with endless possibilities. To explore those possibilities will be a choice of putting time and effort into "doing your homework". To research and refine your dreams using these questions to unlock your power...to begin to dream again, and to act on those dreams...will take courage and commitment.

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